



Breakfast & Lunch Menu: Middle & High Schools

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
August 1	August 2	August 3	August 4	August 5
 Welcome Back! 			Apple Cinnamon Oat Round Popcorn Chicken Cheesy Cornbread Muffin Bean & Cheese Burrito Taco sauce	Strawberry Banana Smoothie Vanilla Crackers Chili Colorado Burrito Taco Sauce Cheeseburger Sliders
August 8	August 9	August 10	August 11	August 12
Belgian Waffle & Chicken Sausage Beef Little Smokies & Tortillas Cheese Pocket Marinara Dip	Breakfast Pizza (sausage made with turkey) Meatballs in Marinara Sauce & Pasta Cheeseburger or Hamburger	Cinnamon Raisin Bagel Offered with cream cheese or jelly Spicy Chicken Patty Sandwich Chili Cheese Dog (made with chicken)	Strawberry Yogurt Parfait (Cherry Blossom Chicken Offered with Fried Rice Bean & Cheese Burrito Taco Sauce	Pancake Sandwich Offered with egg, cheese & chicken sausage or just egg & cheese Pollo Verde Burrito Taco Sauce Popcorn Chicken, Cheesy Corn Bread Muffin
August 15	August 16	August 17	August 18	August 19
Blueberry Bagel Offered with Cream Cheese or Jelly Pepperoni or Cheese Pizza Bagel (Pepperoni made with turkey) Corn Dog (made with chicken)	Apple Cinnamon Oat Round Sweet & Sour Meatballs Offered with Fried Rice Fish Nuggets Corn Muffin	Strawberry Yogurt Parfait Cheeseburger or Hamburger Cheese Pocket Marinara Dip	Breakfast Burrito (Chorizo is made with beef) Popcorn Chicken Mac & Cheese Bean & Cheese Burrito Taco Sauce	Waffle Flatbread Sandwich Offered with egg, cheese & chicken sausage or just egg & cheese Chili Colorado Burrito Taco Sauce Cheeseburger Sliders
August 22	August 23	August 24	August 25	August 26
Banana Chocolate Chip Oat Round Spicy Chicken Patty Sandwich Cheese Pocket Marinara Dip	Chorizo* Breakfast Bagel *made with turkey Meatballs in Marinara Sauce & Pasta Corn Dog (made with chicken)	Today is Belgian Waffle Day! Belgian waffle with Chicken Sausage Garlic Cheese Toast Cheeseburger Sliders	Professional Learning Day No School	Strawberry Yogurt Parfait Pollo Verde Burrito Taco Sauce BBQ Beef Rib Sandwich
August 29	August 30	August 31	September 1	September 2
Bagel Cream Cheese or Jelly Pork Little Smokies & Tortillas Cheese Pocket Marinara Dip	Cinnamon Roll Teriyaki Meatballs Offered with Fried Rice Bean & Cheese Burrito Taco Sauce	Peach Smoothie & Vanilla Crackers Lasagna Roll Up Garlic Breadstick Fish Nuggets Garlic Breadstick	Bacon* , Egg, & Cheese Pocket *made with pork Baked Chicken Corn Dog	Strawberry Yogurt Parfait Chili Colorado Burrito Taco Sauce Cheeseburger Sliders

Breakfast:

- Entrees offered daily include white milk & fruit.
- Cereal is offered daily.

Lunch:

- Entrees include fruit, veggies, and milk.
- **Additional daily options:**
Pizza, Crispy Chicken and Veggie Entrée Salads, Wow-Butter sandwich, Grilled Cheese Sandwich
- **FRESH SIDE SALAD OFFERED DAILY!**
- **Milk Only: 50 Cents**

MENU IS SUBJECT TO CHANGE.
PLEASE VISIT OUR [TUSD FOOD SERVICES DEPARTMENT WEBSITE](#).

Tucson Unified School District is committed to a policy of nondiscrimination based on disability, race, color, religion/religious beliefs, sex, sexual orientation, gender identity or expression, age, or national origin. This institution is an equal opportunity provider.

Free Meals at CEP Schools.
 Click Link Below to Check your school.

[CEP & Non-CEP Schools](#)

2022-2023 Meal Prices (Non-CEP Schools):

K-12 reduced price breakfast \$0.25, reduced price lunch \$0.40
 K-5 breakfast \$1.50, lunch \$2.50
 6-12 breakfast \$1.75, lunch \$3.00

