

# Breakfast & Lunch Menu: MIDDLE & HIGH SCHOOL

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			Sept. 1	Sept. 2
			<ul style="list-style-type: none"> <li>Bacon*, Egg, &amp; Cheese Pocket *pork</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Baked Chicken</li> <li>Corn Dog (made with chicken)</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Yogurt Parfait</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Chili Colorado Burrito</li> <li>Cheeseburger Sliders</li> </ul>
Sept. 5	Sept. 6	Sept. 7	Sept. 8	Sept. 9
Labor Day	<ul style="list-style-type: none"> <li>Mango Pineapple Smoothie</li> <li>Vanilla Crackers</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Pasta &amp; Meatballs in Marinara Sauce</li> <li>Bean &amp; Cheese Burrito</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bagel</li> <li>Cream Cheese or Jelly</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Cheese Enchiladas</li> <li>Chili Cheese Dog (made with chicken)</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Burrito (Egg, Cheese, Beef Chorizo)</li> </ul> <hr/> <ul style="list-style-type: none"> <li>General Tso's Chicken. Fried Rice</li> <li>Cheese Pocket</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Yogurt Parfait</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Chili Colorado Burrito</li> <li>Middle Schools: Spicy Chicken Patty Sandwich</li> <li>High Schools: Chicken Patty Sandwich</li> </ul>
Sept. 12	Sept. 13	Sept. 14	Sept. 15	Sept. 16
<ul style="list-style-type: none"> <li>Bagel</li> <li>Cream Cheese or Jelly</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Pizza Bagel</li> <li>Turkey Pepperoni &amp; Cheese or Cheese Only</li> <li>Cheeseburger Sliders</li> </ul>	<ul style="list-style-type: none"> <li>Pancake Sandwich</li> <li>Egg &amp; Cheese, with/without chicken sausage</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Cherry Blossom Chicken Fried Rice</li> <li>Fish Nuggets, Corn Muffin</li> </ul>	<ul style="list-style-type: none"> <li>Peach Smoothie, Churro Crackers</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Popcorn Chicken, Corn Muffin</li> <li>Bean &amp; Cheese Burrito</li> </ul>	<ul style="list-style-type: none"> <li>Chorizo* &amp; Cheese Bagel (*made turkey)</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Cheeseburger or Hamburger</li> <li>Chicken Patty Sandwich</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Yogurt Parfait</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Pollo Verde Burrito (with Chicken, Green Chili Salsa, Refried Beans, &amp; Pepper Jack Cheese)</li> <li>Corn Dog (made with chicken)</li> </ul>
Sept. 19	Sept. 20	Sept. 21	Sept. 22	Sept. 23
<ul style="list-style-type: none"> <li>Belgian Waffle</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Chicken &amp; Cheese Empanada</li> <li>Cheeseburger or Hamburger</li> </ul>	<ul style="list-style-type: none"> <li>Mango Pineapple Smoothie, Blueberry Lemon Crackers</li> </ul> <hr/> <ul style="list-style-type: none"> <li>General Tso's Chicken. Fried Rice</li> <li>Bean &amp; Cheese Burrito</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bagel</li> <li>Cream Cheese or Jelly</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Garlic Cheese Toast</li> <li>Corn Dog (made with chicken)</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Burrito (Egg, Cheese, Beef Chorizo)</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Pasta &amp; Meatballs in Marinara Sauce</li> <li>Cheeseburger Sliders</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Yogurt Parfait</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Roasted "Buffalo Style" Chicken Drumstick, Cheesy Cornbread</li> <li>Nacho Grande</li> </ul>
Sept. 26	Sept. 27	Sept. 28	Sept. 29	Sept. 30
<ul style="list-style-type: none"> <li>Bagel</li> <li>Cream Cheese or Jelly</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Pork Little Smokies, Tortillas</li> <li>Cheese Pocket</li> </ul>	<ul style="list-style-type: none"> <li>Banana Pancakes</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Tangerine Chicken Fried Rice</li> <li>Bean &amp; Cheese Burrito</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Banana Smoothie, Blueberry Lemon Crackers</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Lasagna Roll Up, Garlic Breadstick</li> <li>Fish Nuggets, Garlic Breadstick</li> </ul>	<ul style="list-style-type: none"> <li>Bacon*, Egg, &amp; Cheese Pocket *pork</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Homestyle Chicken Tenders, Cheesy Cornbread Muffin</li> <li>Corn Dog (made with chicken)</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Yogurt Parfait</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Chili Colorado Burrito</li> <li>Cheeseburger or Hamburger</li> </ul>

**Breakfast:**

- Entrees includes white milk & fruit.
- Cereal is offered daily.

**Lunch:**

- Entrees includes fruit, veggies, and milk.
- Pizza\* & Entrée Salads Daily
- FRESH SIDE SALAD OFFERED DAILY!
- Additional daily options: Wow-butter & Jelly Sandwich, grilled cheese Sandwich.

**Fresh Delivered Domino's Pizza Returns!**

**High Schools Tuesdays:**

9-6, 9-13, 9-20, 9-27

**Middle Schools Wednesday\*:**

9-7, 9-21, & 9-28

(not on 9-14 due to Early out schedule)

Domino's Pizza Meets National School Lunch Program Requirements!

**Milk Only: 50¢**

**Free Meals at Community Eligibility Provision (CEP) Schools.**

Check if your school is CEP eligible on the [CEP & Non-CEP list](#).

**2022-23 Meal Prices (Non-CEP Schools)**

- K-12 Reduced Price Breakfast \$0.25, Reduced Price Lunch \$0.40
- K5 Breakfast \$1.50, Lunch \$2.50
- 6-12 Breakfast \$1.75, Lunch \$3.00



**MENU IS SUBJECT TO CHANGE. PLEASE VISIT OUR [TUSD FOOD SERVICES DEPARTMENT WEBSITE](#).**

