Breakfast & Lunch Menu: TAPP, Mary Meredith, & Project More

October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 3	**Oct. 4**	**Oct. 5**	**Oct. 6**	**Oct. 7**
• **Mini French Toast** • **Pizza Bagel** With turkey pepperoni & cheese or just cheese	• **Mango Smoothie, Blueberry Lemon Crackers** • **Domino's Pizza Day!** • **Roasted Chicken Wings, Macaroni & Cheese**	• **Bagel & Cream Cheese or Jelly** • **Domino's Pizza Day!** • **Chicken Patty Sandwich**	• **Yogurt Parfait** • **Tangerine Chicken, Fried Rice**	**Grading Day, No School**
Oct. 10	**Oct. 11**	**Oct. 12**	**Oct. 13**	**Oct. 14**
Fall Break	**Fall Break**	**Fall Break**	**Fall Break**	**Fall Break**
Oct. 17	**Oct. 18**	**Oct. 19**	**Oct. 20**	**Oct. 21**
• **French Toast Sticks, Syrup** • **Breaded Mozzarella Sticks** with Marinara Dip • **Bean & Cheese Burrito**	• **Mango Smoothie, Blueberry Lemon Crackers** • **Domino's Pizza Day!** • **Chicken Tenders, Garlic Knot Roll**	• **Bagel & Cream Cheese or Jelly** • **Chicken & Cheese Empanada, Taco Sauce** • **Bean & Cheese Burrito**	• **Breakfast Burrito with Egg, Cheese, & Beef Chorizo, Taco Sauce** **National Chicken & Waffles Day!** • **Baked Chicken, Maple Belgian Waffle** • **Chicken Tenders , Garlic Knot Roll**	• **Yogurt Parfait** • **Nacho Grande** • **Popcorn Chicken, Garlic Knot Roll**
Oct. 24	**Oct. 25**	**Oct. 26**	**Oct. 27**	**Oct. 28**
• **Bagel & Cream Cheese or Jelly** • **Crunchy Fish Tacos** • **Popcorn Chicken** • **Garlic Knot Roll**	• **Peach Smoothie, Blueberry Lemon Crackers** • **Domino's Pizza Day!** • **Bean & Cheese Burrito** Vanilla Farmer's Market Crackers to celebrate **Farm to School Month** Featuring harvest foods from all 50 States!	• **Pancakes, Syrup, Scrambled Eggs** • **Breaded Mozzarella Sticks** with Marinara Dip • **Popcorn Chicken** • **Garlic Knot Roll**	• **Bacon* Egg &** • **Cheese Breakfast Pocket (*pork)** • **Roasted Chicken Wings, Macaroni & Cheese** • **Bean & Cheese Burrito**	• **Orange Blossom Scone** • **Nacho Grande** • **Popcorn Chicken, Garlic Knot Roll**
Oct. 31	**Nov. 1**	**Nov. 2**	**Nov. 3**	**Nov. 4**
• **Strawberry Banana Smoothie, Blueberry Lemon Crackers** • **New! Mango Chicken** *Popcorn chicken glazed sweet -savory Mango Sauce* • **Pumpkin Shape Sugar Cookie** • **Bean & Cheese Burrito**	• **Pancakes & Syrup, Chicken Sausage Patty** • **Domino's Pizza Day!** • **Chicken Tenders, Garlic Knot Roll & other daily favorites**	• **Ultimate Breakfast Round** • **Beef Spaghetti Sauce on Pasta** • **Popcorn Chicken, Garlic Knot Roll**	• **Yogurt Parfait** • **Tangerine Chicken, Fried Rice** • **Bean & Cheese Burrito**	• **Breakfast Burrito with Egg, Cheese, & Beef Chorizo; Taco Sauce** • **Garlic Cheese Toast** • **Chicken & Green Chili "Pollo Verde" Burrito**

Breakfast:
- Entrees includes white milk & fruit.
- Cereal is offered daily.

Lunch:
- Entrees includes fruit, veggies, and milk.
- Pizza* & Entrée Salads Daily
- FRESH SIDE SALAD OFFERED DAILY!
- Additional daily options: Strawberry Yogurt Parfait with String Cheese, Wow-butter & Jelly Sandwich, Grilled Cheese Sandwich.

NEW! Beginning Oct. 24!
- **These favorites will be featured throughout the week as additional menu items (See menu dates for rotation) Popcorn Chicken or Chicken Tenders or Bean & Cheese Burritos; Beef Chili Colorado or Chicken-Green Chili & Cheese Burritos (Pollo Verde) offered on occasional Fridays.**
- **Hummus Protein Packs with Fresh Veggies Daily**
- **Garden Fresh Veggies & Dip Daily**

Fresh Delivered Domino's Pizza!
Tuesdays
10-4, 10-18, 10-25, 11-2
Domino's Pizza Meets National School Lunch Program Requirements!

Milk Only: 50¢

Free Meals at Community Eligibility Provision (CEP) Schools.
Check if your school is CEP eligible on the CEP & Non-CEP list.

2022-23 Meal Prices (Non-CEP Schools)
- K-12 Reduced Price Breakfast $0.25, Reduced Price Lunch $0.40
- K5 Breakfast $1.50, Lunch $2.50
- 6-12 Breakfast $1.75, Lunch $3.00

MENU IS SUBJECT TO CHANGE. PLEASE VISIT OUR TUSD FOOD SERVICES DEPARTMENT WEBSITE.

Tucson Unified School District is committed to a policy of nondiscrimination based on disability, race, color, religion/religious beliefs, sex, sexual orientation, gender identity or expression, age, or national origin. This institution is an equal opportunity provider.

TUCSON UNIFIED SCHOOL DISTRICT