

Super Snack Menu

November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 31	Nov. 1	Nov. 2	Nov. 3	Nov. 4
Chips & Dips Meal Kit with: Cheese Spread & Salsa Dip Whole Wheat Crackers Sunflower seeds Apple Juice Milk	Fruit Yogurt Honey Roasted Sunflower Seeds Wheat Crackers 100% Vegetable Juice Craisins Milk	Original Amazing Chick-Pea Spread String Cheese Vanilla Crackers Baby Carrots, Ranch Dip Apple Juice Milk	Colby or Cheddar Cheese Cubes Veggie Crisp Crackers 100% Vegetable Juice Watermelon Applesauce Milk	Butterball Turkey Stick Meal Kit With Turkey Stick, Sunflower Seeds Mini Graham Crackers 100% Vegetable Juice, Applesauce Milk
Nov. 7	Nov. 8	Nov. 9	Nov. 10	Nov. 11
Chocolate No-Nut Butter Meal Kit With Chocolate No-Nut Butter Sunflower Seeds Strawberry Crackers 100% Vegetable Juice, Applesauce Milk	Fruit Yogurt Honey Roasted Sunflower Seeds Wheat Crackers 100% Vegetable Juice Craisins Milk	Original Amazing Chick-Pea Spread String Cheese Vanilla Crackers Baby Carrots, Ranch Dip Apple Juice Milk	Colby or Cheddar Cheese Cubes Veggie Crisp Crackers 100% Vegetable Juice Watermelon Applesauce Milk	Veterans Day No School
Nov. 14	Nov. 15	Nov. 16	Nov. 17	Nov. 18
Chips & Dips Meal Kit with: Cheese Spread & Salsa Dip Whole Wheat Crackers Sunflower seeds Apple Juice Milk	Fruit Yogurt Honey Roasted Sunflower Seeds Wheat Crackers 100% Vegetable Juice Craisins Milk	Original Amazing Chick-Pea Spread String Cheese Vanilla Crackers Baby Carrots, Ranch Dip Apple Juice Milk	Colby or Cheddar Cheese Cubes Veggie Crisp Crackers 100% Vegetable Juice Watermelon Applesauce Milk	Chocolate No-Nut Butter Meal Kit With Chocolate No-Nut Butter Sunflower Seeds Strawberry Crackers 100% Vegetable Juice, Applesauce Milk
Nov. 21	Nov. 22	Nov. 23	Nov. 24	Nov. 25
Butterball Turkey Stick Meal Kit With Turkey Stick, Sunflower Seeds Mini Graham Crackers 100% Vegetable Juice, Applesauce Milk	Cheddar Cheese Cubes (or Colby Cheese Cubes) Wheat Crackers 100% Vegetable Juice Fruit Mix Cup Milk	Chocolate Amazing Chick-Pea Spread String Cheese Vanilla Crackers Baby Carrots, Ranch Dip Apple Juice. Milk	Happy Thanksgiving! No School	Thanksgiving Break! No School
Nov. 28	Nov. 29	Nov. 30	Dec. 1	Dec. 2
Butterball Turkey Stick Meal Kit With Turkey Stick, Sunflower Seeds Mini Graham Crackers 100% Vegetable Juice, Applesauce Milk	Cheddar Cheese Cubes (or Colby Cheese Cubes) Wheat Crackers 100% Vegetable Juice Fruit Mix Cup Milk	Chocolate Amazing Chick-Pea Spread String Cheese Vanilla Crackers Baby Carrots, Ranch Dip Apple Juice. Milk	Fruit Yogurt Honey Roasted Sunflower Seeds Blueberry-Lemon Crackers 100% Vegetable Juice Craisins Milk	Chips & Dips Meal Kit with: Cheese Spread & Salsa Dip Whole Wheat Crackers Sunflower seeds Apple Juice Milk

Super Snack Menu "CACFP"

All entrees are prepared by TUSD Food Services (HM "Home-made" and/or Have Child Nutrition Labels (CN) and/or Product Formulation Statements (PFS). CN Labels and PFS are available.

Whole Milk is served to children 12 to 23 months. Children 24 months and older are served low fat or fat free milk.

At Middle & High Schools, Fat Free Chocolate Milk is available and occasionally other Fat Free Flavors (Strawberry or "Birthday Cake" Flavor.)

Water is available.

All menu items are whole grain rich (WGR).

All juices, if served, are 100% juice.

Craisins are dried cranberries.

Fruit mix –peaches, pears, seedless grapes.



MENU IS SUBJECT TO CHANGE.

PLEASE VISIT OUR [TUSD FOOD SERVICES DEPARTMENT WEBSITE.](#)

This institution is an equal opportunity provider.

