

TUCSON UNIFIED  
SCHOOL DISTRICT

## Anti-Bullying Pledge

*I will:*

- ➔ **Speak out**  
against bullying.
- ➔ **Report bullying**  
when I see it happen.
- ➔ **Learn what is**  
and is not bullying.
- ➔ **Make others feel**  
included and valued.
- ➔ **Solve problems**  
in peaceful ways.
- ➔ **Think before**  
I comment on, post, or forward messages.

*I know...*

**I don't deserve to be bullied.**

Signature: \_\_\_\_\_

#StompOutBullying

## **Promesa en contra del Bullying**

Voy a:

- **Hablar en contra**  
del Bullying.
- **Reportar cuando vea**  
actividad de Bullying.
- **Aprender que es**  
y que no es Bullying.
- **Hacer que otros se sientan**  
incluidos y valorados.
- **Resolver problemas**  
de manera pacífica.
- **Pensar bien antes**  
de comentar, postear, o re-enviar mensajes.

Sé que...

**No merezco ser víctima de Bullying.**

Firma: \_\_\_\_\_